



# BUGLAS ISLA

## CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

### **Buglas Isla Pasig**

Unit A4, Ground Floor,  
The View Deck Arcovia City,  
Pasig City  
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### **Buglas Isla Dumaguete**

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### **Buglas Isla Cala Laiya**

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### **Buglas Isla Alabang**

Westgate, Alabang  
@f@buglasarcovia  
Coming Soon



# BUGLAS ISLA

CAFE

## ALL DAY BREAKFAST

<b>CALA'S BANANA BREAD CAKE</b> .....	<b>220</b>
Everyone's Favorite, Perfect pairing with our coffee	
<b>BATANGAS LONGANIZA</b> .....	<b>340</b>
Garlic Rice, Fried Eggs, Atchara and Seasoned Fruits	
<b>TROPICAL SMOOTHIE BOWL</b> .....	<b>290</b>
Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries	
<b>FLUFFY JAPANESE SOUFFLE PANCAKES</b> .....	<b>300</b>
Maple Syrup, Powdered Sugar and Maple Butter	
<b>BELGIAN WAFFLE</b> .....	<b>300</b>
Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter	
<b>DAING NA BANGUS</b> .....	<b>410</b>
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>ANGUS BEEF TAPA</b> .....	<b>450</b>
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>FRIED CHICKEN TOCINO</b> .....	<b>300</b>
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>EGGS BENEDICT</b> .....	<b>350</b>
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
<b>CHICKEN &amp; WAFFLE</b> .....	<b>350</b>
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
<b>ADOBO FRIED RICE</b> .....	<b>390</b>
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
<b>BURGER STEAK</b> .....	<b>430</b>
US Angus Ground Beef Patty, Bistek - Mushroom Gravy, Fried Farm Egg and Steamed Rice	
<b>ISLAND SMASHED BURGER</b> .....	<b>580</b>
Angus Ground Beef Patty, Bacon, Caramelized Onion, Cheddar Cheese, Lettuce, Tomato, Special Sauce and Fries	
<b>AMERICAN PLATTER</b> .....	<b>480</b>
Waffles or Pancakes, Served with Bacon, Fried eggs, Hash Browns and Seasonal Fruits	

## STARTERS AND SOUPS

<b>LUMPIANG SHANGHAI</b> .....	<b>290</b>
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
<b>ADOBONG PUSIT</b> .....	<b>460</b>
Baby Squid in Soy-Vinegar Sauce and Squid Ink	
<b>LUMPIANG SARIWA</b> .....	<b>340</b>
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
<b>ENSALADANG FILIPINO</b> .....	<b>420</b>
Salted Duck Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
<b>CHICKEN BINAKOL</b> .....	<b>420</b>
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
<b>PANCIT LOMI</b> .....	<b>320</b>
Noodles, Pork Belly, Kikiam, Hard Boiled Eggs, Chicharon and Savory Broth	

## DUMAGUETE CHORIZO

ALL NATURAL INGREDIENTS. NO NITRATES. NO SUGAR

Your Choice of Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar

<b>GROUND PORK</b> .....	<b>360</b>
<b>SISIG</b> .....	<b>420</b>
<b>BACON</b> .....	<b>420</b>
<b>CORNED BEEF</b> .....	<b>490</b>

## TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long - burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

<b>CHICKEN TAIL</b>	<b>PORK BELLY BBQ</b>
<b>CHICKEN LIVER</b>	<b>PORK MEAT BBQ</b>
<b>CHICKEN SKIN</b>	<b>PORK LONGANIZA</b>
<b>CHICKEN INTESTINES</b>	<b>LONGANIZA DE CEBU</b>

## COMBOS

<b>I CAN EAT</b> (CHOOSE ANY 4) .....	<b>160</b>
<b>HUNGRY</b> (CHOOSE ANY 5) .....	<b>180</b>
<b>STARVING</b> (1 OF EACH) .....	<b>290</b>
<b>HANGRY</b> (2 OF EACH) .....	<b>510</b>

### The city of gentle people

### #GetaTasteofDumaguete

## FAVORITES

*All served with steamed jasmine rice*

<b>LAING</b> .....	<b>340</b>
Taro leaves, Coconut Milk, Chilis and Ginger	
<b>PINAKBET</b> .....	<b>340</b>
Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
<b>CHICKEN INASAL</b> .....	<b>360</b>
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
<b>PANCIT CANTON</b> .....	<b>520</b>
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
<b>BICOL EXPRESS</b> .....	<b>490</b>
Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers	
<b>BINAGOONGAN</b> .....	<b>490</b>
Crispy Pork Belly, Shrimp Paste, Green Mango, Tomato and Eggplant	
<b>LECHON KAWALI</b> .....	<b>490</b>
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
<b>PORK LIEMPO</b> .....	<b>480</b>
House Marinated, Filipino Tomato Salsa and Coconut Vinegar	
<b>BEEF SALPICAO</b> .....	<b>990</b>
Soy - Worcestershire USDA Beef Tenderloin, Fried Garlic Chips and Scallions	
<b>HALABOS NA PASAYAN</b> .....	<b>620</b>
Garlic - Butter Shrimp (250g) and Fried Garlic	
<b>KARE KARE</b> .....	<b>660</b>
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
<b>CRISPY PATA</b> .....	<b>1380</b>
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

## BOODLE FIGHT

*Please allow 24 - hour notice. Minimum of 4 persons*

<b>CALA FAVORITES</b> .....	<b>1,220/ PERSON</b>
Adobong Manok, Salt and Pepper Pork Belly, Fried Tilapia, Shrimp, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	
<b>LAIYA SEAFOOD</b> .....	<b>1,370/PERSON</b>
Shrimp Halabos, Garlic Crabs, Deep Fried Tilapia, Mussels Relyeno, Grilled Squid, Garlic Butter Clams, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	
<b>SURF AND TURF</b> .....	<b>1,770/ PERSON</b>
Grilled USDA Prime Rib Eye Steak, Beef Steak Tagalog, Lechon Kawali, Grilled Squid, Shrimp Halabos, Chili Crabs, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	

*Choice of 1 Soup (Corn Soup, Chicken Tinola or Munggo Soup)*

*Choice of 1 Rice (Plain, Garlic or Annato)*

*Choice of 1 Vegetable (Tortang Talong, Adobong Kangkong or Vegetable Lumpia)*

## SPECIALS

*Please allow 30 minutes notice. Good for 2*

<b>CRISPY WHOLE FISH</b> .....	<b>230 PER 100 GRAMS</b>
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
<b>DUMAGUETE LECHON</b> .....	<b>210 PER 100 GRAMS</b> <small>(MIN. OF 300 GRAMS)</small>
Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces	
<b>STEAK FRITES</b> .....	<b>1,800</b>
USDA Prime Black Angus Beef Tenderloin (300g), Crispy French Fries, Melted Onions, Bearnaise Sauce and Sea Salt	
<b>RIB EYE BISTEK TAGALOG</b> .....	<b>1,800</b>
USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion	

## PIZZA

*All of our pizzas are hand stretched daily and served with our signature angry honey*

<b>MARGHERITA</b> .....	<b>490</b>
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
<b>PEPPERONI</b> .....	<b>520</b>
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
<b>4 CHEESE &amp; GARLIC</b> .....	<b>520</b>
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
<b>BUGLAS SIGNATURE</b> .....	<b>510</b>
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

## BIBINGKA

*A Buglas Isla signature!*

<b>NATIVE</b> .....	<b>180</b>
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
<b>SPECIAL</b> .....	<b>230</b>
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

## SWEETS

<b>CHOCOLATE YEMA CAKE</b> .....	<b>220</b>
<b>TAHO CHEESECAKE</b> .....	<b>220</b>
<b>MANGO CHEESECAKE</b> .....	<b>330</b>
<b>DUMAGUETE SANSRIVAL CAKE</b> .....	<b>250</b>
<b>JUMBO TRIPLE NUT SILVANAS</b> .....	<b>250</b>
<b>PUTO MAYA AT SIKWATE</b> .....	<b>160</b>
<b>SHAKOY WITH COFFEE GANACHE</b> .....	<b>140</b>
<b>MAIS CON HIELO ESPESYAL</b> .....	<b>210</b>
<b>ICE CREAM (TWO SCOOPS)</b> .....	<b>190</b>



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## DRINKS

REGULAR SODA .....	110
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL .....	140
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK) .....	130
HOMEMADE GINGER SODA .....	130
HOMEMADE POMELO SODA .....	130
HOMEMADE PEACH AND MANGO SODA .....	130
HOMEMADE CALAMANSI JUICE .....	130
MILO CHOCOLATE FRAPPE .....	140
ICED TEA SLUSH .....	150
MANGO SHAKE .....	210
ACAI BERRY SHAKE .....	230

## COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO .....	70	
DOUBLE ESPRESSO .....	110	
AMERICANO .....	110	120
CAPPUCINO .....	120	130
CAFE LATTE .....	120	130
CAFE MOCHA .....	160	170

## HOT BREWS

DUMAGUETE SIKWATE .....	110
SIKWATE S'MORES .....	110
SIKWATE RICE CRISPIES .....	110
EARL GREY.....	100
ENGLISH BREAKFAST .....	100
GREEN TEA .....	100
GINGER-TURMERIC TEA .....	100
MATCHA TEA .....	120

## COLD BREW

ICE COLD BREW COFFEE .....	120
MINT MOJITO COLD BREW COFFEE .....	140
ROASTED COCONUT COFFEE .....	170

## HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED .....	340	1,350
WHITE .....	340	1,350
ROSE .....	340	1,350

## HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
CABERNET SAUVIGNON - BERINGER MAIN & VINE .....	390	1,490
SAUVIGNON BLANC - VALDIVIESO 2018 .....	390	1,490

## WHITE

	<u>BOTTLE</u>
SAUVIGNON BLANC - RAMON BILBAO.....	1,490
PINOT GRIGIO - SAN OSVALDO .....	1,490
SAUVIGNON BLANC - MURPHY GOODE THE FUME 2021 .....	1,990

## RED

	<u>BOTTLE</u>
MERLOT - ORTONESE SANGIOVESE .....	1,490
CABERNET SAUVIGNON - CALDORA MONTEPULCIANO .....	1,790
SIRAH - BUENA VISTA DE LEGENDARY BADGE PETITE .....	1,890

## BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO .....	1,490
DOMAINE DE LA ROUVIERE ROSE .....	1,890
SANGRIA LOLEA ROSE NO 5 .....	1,990