



BUGLAS ISLA

CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

Buglas Isla Pasig

Unit A4, Ground Floor,
The View Deck Arcovia City,
Pasig City
@f@buglasislacafencr
buglasarcovia@riesa.ph
Tel: (+63) 919 070 9900

Buglas Isla Dumaguete

Ground Floor EJ Blanco Drive, Piapi
Dumaguete City, Philippines
@f@buglasislacafe
buglasislacafe@riesa.ph
Tel: (+63) 917 500 3953

Buglas Isla Cala Laiya

Laiya Ibabao, San Juan
Batangas, Philippines
@f@calalaiya
reservations@calalaiya.ph
Tel: (+63) 917 883 9900

Buglas Isla Alabang

Westgate Center,
Filinvest City, Alabang,
Muntinlupa City
@f@bugslislacafencr
buglaswestgate@riesa.ph
Tel: (+63) 954 352 4987



BUGLAS ISLA

CAFE

ALL DAY BREAKFAST

UBE PANDESAL	260
Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam	
CALA'S BANANA BREAD CAKE	230
Everyone's Favorite, Perfect pairing with our coffee	
BATANGAS LONGANIZA	410
Garlic Rice, Fried Eggs, Atchara and Seasoned Fruits	
TROPICAL SMOOTHIE BOWL	350
Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries	
FLUFFY JAPANESE SOUFFLE PANCAKES	390
Maple Syrup, Powdered Sugar and Maple Butter	
BELGIAN WAFFLE	370
Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter	
DAING NA BANGUS	490
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
ANGUS BEEF TAPA	510
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
FRIED CHICKEN TOCINO	410
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
EGGS BENEDICT	410
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
CHICKEN & WAFFLE	490
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
SIOMAI FRIED RICE	410
Yang Chow Fried Rice, Special Fried Pork Siomai and Homemade Chili Garlic Sauce	
ADOBO FRIED RICE	390
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
BURGER STEAK	490
US Angus Ground Beef Patty, Bistek - Mushroom Gravy, Fried Farm Egg and Steamed Rice	
ISLAND SMASHED BURGER	590
Angus Ground Beef Patty, Bacon, Caramelized Onion, Cheddar Cheese, Lettuce, Tomato, Special Sauce and Fries	
AMERICAN PLATTER	510
Waffles or Pancakes, Served with Bacon, Fried eggs, Hash Browns and Seasonal Fruits	

The city of gentle people

#GetaTasteofDumaguete

STARTERS AND SOUPS

LUMPIANG SHANGHAI	350
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
ADOBONG PUSIT	440
Baby Squid in Soy-Vinegar Sauce and Squid Ink	
LUMPIANG SARIWA	340
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
ENSALADANG FILIPINO	440
Salted Duck Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
CHICKEN BINAKOL	490
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
PANCIT LOMI	390
Noodles, Pork Belly, Kikiam, Hard Boiled Eggs, Chicharon and Savory Broth	

DUMAGUETE CHORIZO

ALL NATURAL INGREDIENTS. NO NITRATES. NO SUGAR

Your Choice of Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar

GROUND PORK	420
SISIG	430
BACON	530
CORNED BEEF	530

TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long - burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

CHICKEN TAIL	PORK BELLY BBQ
CHICKEN LIVER	PORK MEAT BBQ
CHICKEN SKIN	PORK LONGANIZA
CHICKEN INTESTINES	LONGANIZA DE CEBU

COMBOS

I CAN EAT (CHOOSE ANY 4)	290
HUNGRY (CHOOSE ANY 5)	310
STARVING (1 OF EACH)	450
HANGRY (2 OF EACH)	720



BUGLAS ISLA

C A F E

FAVORITES

All served with steamed jasmine rice

LAING	390
Taro leaves, Coconut Milk, Chilis and Ginger	
PINAKBET	410
Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
CHICKEN INASAL	490
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
PANCIT CANTON	520
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
BICOL EXPRESS	510
Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers	
BINAGOONGAN	520
Braised Pork, Shrimp Paste, Green Mango, Tomato, Eggplant and Crispy Pork Belly	
LECHON KAWALI	540
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
PORK LIEMPO	510
House Marinated, Filipino Tomato Salsa and Coconut Vinegar	
BEEF SALPICAO	990
Soy - Worcestershire USDA Beef Tenderloin, Fried Garlic Chips and Scallions	
HALABOS NA PASAYAN	620
Garlic - Butter Shrimp (250g) and Fried Garlic	
KARE KARE	730
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
CRISPY PATA	1380
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

BOODLE FIGHT

Please allow 24 - hour notice. Minimum of 4 persons

CALA FAVORITES	2,100/ PERSON
Adobong Manok, Salt and Pepper Pork Belly, Fried Tilapia, Shrimp, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	
LAIYA SEAFOOD	2,100/PERSON
Shrimp Halabos, Garlic Crabs, Deep Fried Tilapia, Mussels Relyeno, Grilled Squid, Garlic Butter Clams, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	
SURF AND TURF	2,450/ PERSON
Grilled USDA Prime Rib Eye Steak, Beef Steak Tagalog, Lechon Kawali, Grilled Squid, Shrimp Halabos, Chili Crabs, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	

Choice of 1 Soup (Corn Soup, Chicken Tinola or Munggo Soup)
 Choice of 1 Rice (Plain, Garlic or Annato)
 Choice of 1 Vegetable (Tortang Talong, Adobong Kangkong or Vegetable Lumpia)

SPECIALS

Please allow 30 minutes notice. Good for 2

CRISPY WHOLE FISH	240 PER 100 GRAMS
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
DUMAGUETE LECHON	230 PER 100 GRAMS (MIN. OF 300 GRAMS)
Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces	
STEAK FRITES	1,900
USDA Prime Black Angus Beef Tenderloin (300g), Crispy French Fries, Melted Onions, Bearnaise Sauce and Sea Salt	
RIB EYE BISTEK TAGALOG	1,900
USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion	

PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

MARGHERITA	520
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
PEPPERONI	550
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
4 CHEESE & GARLIC	560
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
BUGLAS SIGNATURE	590
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

BIBINGKA

A Buglas Isla signature!

NATIVE	210
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
SPECIAL	250
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

SWEETS

UBE CINNAMON ROLL	250
CHOCOLATE YEMA CAKE	250
TAHO CHEESECAKE	250
COFFEE CRUMB CAKE	280
DUMAGUETE SANSRIVAL CAKE	290
JUMBO TRIPLE NUT SILVANAS	320
PUTO MAYA AT SIKWATE	190
SHAKOY WITH COFFEE GANACHE	190
MAIS CON HIELO ESPESYAL	230



BUGLAS ISLA

CAFE

DRINKS

REGULAR SODA	130
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL	160
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK)	190
HOMEMADE GINGER SODA	190
HOMEMADE POMELO SODA	190
HOMEMADE PEACH AND MANGO SODA	190
HOMEMADE CALAMANSI JUICE	180
MILO CHOCOLATE FRAPPE	190
ICED TEA SLUSH	160
MANGO SHAKE	230
ACAI BERRY SHAKE	280

COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO	110	
DOUBLE ESPRESSO	140	
AMERICANO	140	150
CAPPUCINO	170	180
CAFE LATTE	170	180
CAFE MOCHA	170	180

HOT BREWS

DUMAGUETE SIKWATE	170
SIKWATE S'MORES	180
SIKWATE RICE CRISPIES	180
EARL GREY.....	140
ENGLISH BREAKFAST	140
GREEN TEA	140
GINGER-TURMERIC TEA	140
MATCHA TEA	150

COLD BREW

ICE COLD BREW COFFEE	160
MINT MOJITO COLD BREW COFFEE	180
ROASTED COCONUT COFFEE	190

HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED	370	1,420
WHITE	370	1,420
ROSE	370	1,420

HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
CABERNET SAUVIGNON - BERINGER MAIN & VINE	420	1,550
SAUVIGNON BLANC - VALDIVIESO 2018	420	1,550

WHITE

	<u>BOTTLE</u>
SAUVIGNON BLANC - RAMON BILBAO.....	1,550
PINOT GRIGIO - SAN OSVALDO	1,550
SAUVIGNON BLANC - MURPHY GOODE THE FUME 2021	1,550

RED

	<u>BOTTLE</u>
MERLOT - ORTONESE SANGIOVESE	1,550
CABERNET SAUVIGNON - CALDORA MONTEPULCIANO	1,850
SIRAH - BUENA VISTA DE LEGENDARY BADGE PETITE	2,050

BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO	1,550
DOMAINE DE LA ROUVIERE ROSE	1,950
SANGRIA LOLEA ROSE NO 5	2,050

All prices are subject to 12% VAT

Welcome to Buglas Isla Cafe!

We are committed to providing an inclusive and welcoming environment for all our guests, including Senior Citizens (SC), Persons with Disabilities (PWD), National Athletes (NA), and National Coaches (NC). To ensure that we can continue to offer our services to those who genuinely need them, we have implemented a policy to verify the authenticity of IDs presented at our establishment.

Why is this important?

1. Protection of True Discount Beneficiaries - Our primary goal is to safeguard the rights and privileges of the SC, PWD, NA, and NC. By verifying the presented IDs, we ensure that the benefits and accommodations we offer are extended to those who truly qualify, allowing us to maintain the integrity of our services.

2. Maintaining Fairness - The misuse of the SC, PWD, NA, or NC IDs not only undermines the privileges afforded to genuine beneficiaries but also impacts our ability to serve all guests. We believe in fairness for everyone, and it is vital that we uphold this principle in our operations.

3. Business Impact - Using fake or spurious IDs can have significant repercussions for our business. It can lead to potential legal issues, damage our reputation, and ultimately affect our ability to provide quality service. We want to ensure that every guest has a positive experience, and that requires a system based on trust and authenticity. Thus, our establishment reserves the right to report to authorities and help prosecute to the full extent of the law if any ID presented is found to be illegal or fake.

How do we verify? - When you present your SC, PWD, NA, or NC ID, our team will conduct a quick verification process to confirm its authenticity. Please understand that this is not meant to inconvenience you. Rather, it is a necessary step to protect the interests of all our guests and maintain the high standards of service we pride ourselves on. We appreciate your understanding and cooperation in this matter.