



BUGLAS ISLA

CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

The city of gentle people

#GetaTasteofDumaguete

Buglas Isla Pasig

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Buglas Isla Dumaguete

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Buglas Isla Cala Laiya

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Buglas Isla Alabang

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Buglas Isla Bais

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STARTERS

GREEN MANGO AND BAGOONG	220
Sliced Chilled Green Mango with Housemade Bagoong and Sea Salt	
CHICKEN SKIN CRACKLINGS	290
Crispy Fried Chicken Skin, Black Pepper, Sea Salt and Spiced Vinegar	
DYNAMITE CHEESESTICKS	330
Melted Cheese, Long Green Chili Saba and Sweet Chili Sauce	
LUMPIANG SHANGHAI	350
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
SALMON KINILAW	360
Vinegar Marinated Salmon, Ginger, Cucumber, Tomatoes, Red Onions, Coconut Cream and Rice Paper Chips	

ALL DAY BREAKFAST

TORTANG TALONG	420
Grilled Eggplant Frittata with Ground Pork. Served with Banana Ketchup and Sinamak Vinegar	
DUMAGUETE PORK CHORIZO	460
Home-made Dumaguete Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
DAING NA BANGUS	490
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
ARROZ ALA CUBANA	490
Sizzling USDA Ground Beef, Tomato Sauce, Green Peas, Raisins, Fried Plantains, Sunny Side Up Eggs and Steamed Jasmine Rice	
ANGUS BEEF TAPA	510
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
BURGER STEAK	490
US Angus Ground Beef Patty, Bistek – Mushroom Gravy, Fried Farm Egg and Steamed Rice	

SOUPS

MONGGO SOUP	420
Sautéed Mung Beans with Crispy Pork Bits and Smoked Fish	
CHICKEN BINAKOL	510
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
PRAWNS SINIGANG	690
Prawns Cooked in Tamarind Broth and Native Broth	
SALMON SINIGANG	720
Grilled Salmon, Batwan Broth and Native Vegetables	

FRIED RICE AND PANCIT

For Sharing

SIOMAI FRIED RICE	440
ADOBO FRIED RICE	440
YANG CHOW FRIED RICE	440
PORK SISIG FRIED RICE	440
BINAGOONGAN FRIED RICE	480
PANCIT CANTON	520
PANCIT PALABOK	520
BIHON GUISADO	520

TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long – burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

**CHICKEN TAIL
CHICKEN LIVER
CHICKEN SKIN
CHICKEN INTESTINES**

**PORK BELLY BBQ
PORK MEAT BBQ
PORK LONGANIZA
LONGANIZA DE CEBU**

COMBOS

I CAN EAT (CHOOSE ANY 4)	290
HUNGRY (CHOOSE ANY 5)	310
STARVING (1 OF EACH)	470
HANGRY (2 OF EACH)	740

SANDWICHES

Served with fries

TUNA SALAD	510
Skipjack Tuna Salad, Red Onions, Mayo, Romaine Lettuce, Tomatoes, and Cheddar Cheese (Yes, you can also have this warm as a tuna melt)	
GRILLED CHEESE SANDWICH	560
Gouda, Havarti, Cheddar Cheeses and Rich Tomato Soup	
ISLAND SMASHED BURGER	590
Angus Ground Beef Patty, Bacon, Caramelized Onion, Lettuce, Havarti Cheese, Tomato, Special Sauce, Hawaiian Buns and Fries	
CLUB SANDWICH	650
Grilled Chicken, Shredded Lettuce, Crispy Bacon, Scrambled Egg, Havarti Cheese and Tomato	

PASTAS

*Our best- selling pastas from our sister restaurant, La Mensa Italian Chophouse
All served with herb toast*

FOUR CHEESE PASTA	480
Penne Pasta, Bacon Lardons, Roasted Mushrooms and Truffle Essence	
4-HOUR BOLOGNESE	480
Parmigiano Reggiano, Spaghetti Pasta and Classic Sauce	
NERO SEAFOOD PASTA	510
Squid Ink Spaghetti Pasta, Mussels, Squid, Shrimp, Basil Leaves, Capers, Garlic, Parsley and Chili Flakes	

VEGETABLES

LUMPIANG SARIWA	370
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
GINATAANG KALABASA AT SITAW	380
Squash, String Beans, Annatto Oil and Coconut Cream	
LAING	390
Taro leaves, Coconut Milk, Chilis and Ginger	
GUISING - GUISING	390
Winged Beans, Chili Pepper and Coconut Cream	
PINAKBET	420
Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
VEGETABLE KARE - KARE	420
Eggplant, String Beans, Banana Blossom, Bokchoi, Bagoong and Peanut Butter Sauce	
ENSALADANG FILIPINO	440
Salted Red Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Housemade Bagoong	

All items are subject to 12% VAT

STEAKS

All of our steaks are hand selected, USDA Prime Black Angus Steaks.

SOY CARAMEL STEAK	1300
New York Striploin (250g), Steamed Jasmine Rice, Ginger Scallion Oil, Sweet Soy Caramel, Sesame Seeds and Fried Crispy Shallots	
COUNTRY FRIED STEAK	1380
Hand Battered Rib Eye Steak (250g), Mashed Potatoes, Shredded Corn and White Elvis Gravy	
HIBACHI STEAK FRIED RICE	1380
Japanese Style Marinated New York Striploin (250g), Fried Rice, Spring Onions and Yum Yum Sauce	

SIDES

White Rice	50
Garlic Rice	55
Shredded Corn	100
Mashed Potatoes	110
French Fries	120
Maple Glazed Carrots	140

SPECIALS

Please allow 30 minutes notice. Good for 2

CRISPY WHOLE FISH	240 PER 100 GRAMS
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
DUMAGUETE LECHON	260 PER 100 GRAMS
Served with Puso Rice, Atchara, Red Eggs (MIN. OF 300 GRAMS) and Traditional Sauces	

BOODLE FIGHT

Please allow 24 - hour notice. Minimum of 4 persons

CALA FAVORITES	2,900
Adobong Manok, Salt and Pepper Pork Belly, Fried Tilapia, Shrimp, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	
LAIYA SEAFOOD	3,600
Shrimp Halabos, Garlic Crabs, Deep Fried Tilapia, Mussels Relyeno, Grilled Squid, Garlic Butter Clams, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	
SURF AND TURF	4,900
Grilled USDA Prime Rib Eye Steak, Beef Steak Tagalog, Lechon Kawali, Grilled Squid, Shrimp Halabos, Chili Crabs, Kamatis at Itlog na Maalat, Ensaladang Mangga at Kamatis, Atchara of the Day and Fruit Skewers	

Choice of 1 Soup (Corn Soup, Chicken Tinola or Munggo Soup)

Choice of 1 Rice (Plain, Garlic or Annato)

Choice of 1 Vegetable (Tortang Talong, Adobong Kangkong or Vegetable Lumpia)

PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

MARGHERITA	520
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
PEPPERONI	550
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
4 CHEESE & GARLIC	560
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
BUGLAS SIGNATURE	590
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

All prices are subject to 12% VAT

FAVORITES

All served with steamed jasmine rice

ARROZ CALDO	390
Soft Boiled Eggs, Spring Onions, Fried Garlic and Calamansi	
PANCIT LOMI	460
Noodles, Pork Belly, Kikiam, Hard-Boiled Eggs, Chicharon and Savory Broth	
PORK SISIG	480
Pork Mask and Jowl, Chicken Liver, Green Chili, Onion and Calamansi	
CHICKEN INASAL	490
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
BUTTERFLY TILAPIA	510
Crispy Tilapia, Roasted Vegetables, Atchara and Green Mango Salad	
BANGUS ALA POBRE	520
Roasted Bangus, Soy, Worcestershire, and Garlic	
BICOL EXPRESS	520
Crispy Pork Belly, Coconut Milk, String Beans, Long Green Chili Fingers and Housemade Bagoong	
BINAGOONGAN	530
Braised Pork, Housemade Bagoong, Green Mango, Tomato, Eggplant and Crispy Pork Belly	
LECHON KAWALI	540
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
PORK LIEMPO	520
House Marinated, Filipino Tomato Salsa and Coconut Vinegar	
ADOBONG PUSIT	610
Pusit braised in Garlic, Soy, Vinegar and Black Ink Sauce	
INIHAW NA PUSIT	650
Stuffed Baby Squid, Atchara, Cucumber-Tomato Salad, Soy Sauce and Calamansi	
BEEF SALPICAO	710
Soy - Worcestershire Beef Belly, Fried Garlic Chips and Scallions	
BEEF CALDERETA	720
Slowly Braised Beef in Tomato Sauce, Carrots, Bell Peppers and Potatoes	
BISTEK TAGALOG	720
Marinated Thinly Sliced Beef, Garlic, Lots of Onions and Soy - Calamansi Infusion	
GRILLED PRAWNS PLATTER	780
Half Kilo Grilled Head-On Prawns with Soy Sauce, Calamansi and Garlic Butter	
KARE KARE	890
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
SIZZLING KANSI	890
Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Lemongrass and Kansi Gravy	
CRISPY PATA	1380
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

BIBINGKA

A Buglas Isla signature!

NATIVE	220
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
SPECIAL	260
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

SWEETS

HALO - HALO & TURON	360
UBE CINNAMON ROLL	260
BUKO PIE	260
CHOCOLATE YEMA CAKE	260
TAHO CHEESECAKE	260
DUMAGUETE SANSRIVAL CAKE	290
JUMBO TRIPLE NUT SILVANAS	330
CHURROS CON TSOKOLATE	190

DRINKS

REGULAR SODA	130
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL	160
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK)	190
HOMEMADE GINGER SODA	190
HOMEMADE POMELO SODA	190
HOMEMADE PEACH AND MANGO SODA	190
HOMEMADE CALAMANSI JUICE	190
MILO CHOCOLATE FRAPPE	230
ICED TEA SLUSH	170

FRUIT SHAKES

MANGO SHAKE	240
WATERMELON SHAKE.....	240
PINEAPPLE SHAKE	240
BANANA SHAKE	240
BUKO SHAKE.....	240
GREEN MANGO SHAKE.....	240
FOUR SEASON SHAKE.....	260
ACAI BERRY SHAKE.....	290

COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO	120	
DOUBLE ESPRESSO	140	
AMERICANO	150	160
CAPPUCINO	180	190
CAFE LATTE	180	190
CAFE MOCHA	180	190
PEANUT BUTTER LATTE	180	190

HOT BREWS

DUMAGUETE SIKWATE	170
SIKWATE S'MORES	180
EARL GREY.....	140
ENGLISH BREAKFAST	140
GREEN TEA	140
GINGER-TURMERIC TEA	140

COLD BREW

ICE COLD BREW COFFEE	170
MINT MOJITO COLD BREW COFFEE	180
ROASTED COCONUT COFFEE	190

All prices are subject to 12% VAT

Welcome to Buglas Isla Cafe!

We are committed to providing an inclusive and welcoming environment for all our guests, including Senior Citizens (SC), Persons with Disabilities (PWD), National Athletes (NA), and National Coaches (NC). To ensure that we can continue to offer our services to those who genuinely need them, we have implemented a policy to verify the authenticity of IDs presented at our establishment.

Why is this important?

1. Protection of True Discount Beneficiaries - Our primary goal is to safeguard the rights and privileges of the SC, PWD, NA, and NC. By verifying the presented IDs, we ensure that the benefits and accommodations we offer are extended to those who truly qualify, allowing us to maintain the integrity of our services.

2. Maintaining Fairness - The misuse of the SC, PWD, NA, or NC IDs not only undermines the privileges afforded to genuine beneficiaries but also impacts our ability to serve all guests. We believe in fairness for everyone, and it is vital that we uphold this principle in our operations.

3. Business Impact - Using fake or spurious IDs can have significant repercussions for our business. It can lead to potential legal issues, damage our reputation, and ultimately affect our ability to provide quality service. We want to ensure that every guest has a positive experience, and that requires a system based on trust and authenticity. Thus, our establishment reserves the right to report to authorities and help prosecute to the full extent of the law if any ID presented is found to be illegal or fake.

How do we verify? - When you present your SC, PWD, NA, or NC ID, our team will conduct a quick verification process to confirm its authenticity. Please understand that this is not meant to inconvenience you. Rather, it is a necessary step to protect the interests of all our guests and maintain the high standards of service we pride ourselves on. We appreciate your understanding and cooperation in this matter.